



PATHWORDS

THE BI-MONTHLY NEWSLETTER OF PACIFIC COAST CHURCH

March and April 2009

Volume 17, Issue 2

“Wonder”

**YOU’VE ACCEPTED
YOUR PRESENT
REALITY AS THE
TRUTH...**

**CONDITIONS ARE
NEVER THE TRUTH
THEY ARE THE
EFFECT...**

NOT

FIRST

CAUSE.

Ernest Holmes

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Wonder is a great aspect of God. They say that the enlightened ones stay in a state of wonder all the time. To them the world is a wonderful place, filled with newness and adventure and loving energy. It is God’s play.

Of course to get to this state one would have to give up the prejudice of the ego. Even if we think we are not prejudiced, we no doubt have prejudgments about each moment. Thus we walk down a familiar street and only see it as we have seen it before – a repeat of many yesterdays. However, this kind of ‘template’ life in which we do not really see what’s here, but only our preconceptions wears thin after a while and we long for freshness.

When we start telling ourselves that God lies within our own mind many new events can occur. One of these is a moment in which the veil or template is torn off and we see clearly the majesty of every instant. Dr. Fritjof Capra, Berkeley physicist who wrote *The Tao of Physics*, had such a moment on Carmel Beach years ago. He saw the elementary particles of matter falling down on Carmel Beach and realized that creation is constantly going on. His books have found their way to the Dalai Lamas’ desk.

This is a more practical experience than we may think. Remembering such moments is a powerful way to grow ourselves. No one experiences these cosmic moments continuously to begin with. They are like carrots dangled before us to encourage us to run the great race of life as well as we can. So bringing the mind back to such beauty and sweetness is a good plan to ‘re-mind’ ourselves of what’s really true.

Here is a great example of one such moment from my longtime friend and member of our congregation, Lawrence Braxton (it also occurred in Carmel):

Tonight as I left the gaiety of a Shrove Tuesday party, I paused to be thankful and celebrate one hundred years of stubborn traditionalists that have refused to allow street lights in this small community. The stars were brilliant against their inky tapestry and so close that, had I wished, I could have raked my fingers through them like a bowl of pearls.

Commanded by their power, I went to the beach. There the peaceful sea was also dressed in her formal black, trimmed in the pale white piping of phosphorescent breakers. As the night accepted my presence, more and more stars came out of hiding. Over the steady cadence of the ocean a few melody notes could be heard. Tree frogs overcoming stage fright. The solos became an ensemble, then a band, then an orchestra filling the

(Continued on page 3)

DATE CHANGE

The next Marc Gafni /Sally Kempton Seminar is now on SAT, APRIL 4!

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YOUTH GROUP

REV. HOLLIS WHITING	625-6264
SREYA ZEKAS	643-0192

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831-372-2971

ANTN OFFICE - Kim Yalda

831-372-1159

**"Good and more good is mine.
 There is no limit to the good
 that is mine.**

**Everywhere I go I see this good,
 I feel it, I experience it. It presses itself
 against me, flows through me,
 expresses itself in me,
 and multiplies itself around me."**

PATHWORDS is the Bi-Monthly newsletter of Pacific Coast Church and is edited by Dr. Bill Little, Rev. Cathy J. Cole and Rev. David G. Hayward. Contributions come from our members and friends to delight and inform our spiritual community.

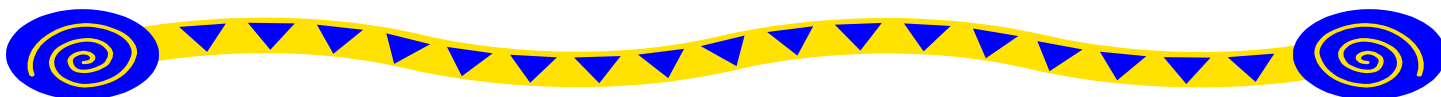
(Continued from page 1)

hall with sound and light. The crescendo built and held, an endless well of awe able to fill any size container I might have brought to collect it. I stayed until my senses overflowed and spilled around me. Then I carried my brimming memory home.

As I was leaving home earlier for the party, one of my neighbors arrived. He is a beautiful red tailed hawk and he had picked up some take-out from a nearby diner. As he perched on a favorite limb just outside my window, I came back inside to visit with him while he ate. I carried on my side of a

neighborly conversation. He nodded occasionally with his mouth full. As he finished and was politely wiping his beak against the limb we took our leave. "Gotta fly," he said. "Me too," said I.

Tonight I have had the amazing wonder of Creation at my fingertips. I don't have an argument with the idea that all of this life and beauty around us has evolved from a single cell. However, the real question, to which the answer is undeniable, is, "Who put that wonderful cell in this place?"



Youth Group News

Teens, Tweens and other life forms!

Very few of us in Religious Science had the benefit of growing up in this teaching. Can you imagine the difference it would have made in your adult life had you been exposed to these principles since you were a child? The teens, tweens and young adults of Pacific Coast Church have been meeting together with the teenagers of the Monterey Center for Spiritual Living since last November on Wednesday nights at 7 to 9 p.m.

This is a new group but their teacher, Rev. Hollis Whiting, is anything but new to the teachings. She has been leading youth groups in Religious Science for over 31 years and has been a minister for 6 years. Rev. Hollis' life partner, Jack Hall, is a licensed practitioner and has been co-facilitating the Monterey Youth Group for over 7 years with Rev. Hollis. She studied the Practitioners course, SOM 300, and received her practitioner's license with Dr. Bill. Rev. Hollis graciously accepted his invitation to lead our community youth group last November.

Many of our congregation started out as her students. Brooke Cole, a teacher in our Youth Church was one of her early students. My daughter, April, and Jennifer Little were her students. Here on the Monterey Peninsula we are a multi-generational Religious Science family. I've known Rev. Hollis since my own youth group days where we met at

Camp Loma Mar attending Youth Seminar every summer. We first met during the Summer of Love if you're old enough to know when that happened!

I have been active in the Religious Science youth movement for over four decades. I was the first recipient of the theme award in 1968. In 1973 and 1974 I was the first director of the Young Adults of Religious Science, designed for persons 18 to 31. I am a practitioner and have successfully completed the ministerial course. I have worked with Religious Science youth all over California, Hawaii, and New York City and am thoroughly enjoying being back with our youth here on the Monterey Peninsula. It was a homecoming for me to go back to Camp Loma Mar with our kids as an advisor for Youth Seminar.

Our Wednesday night meetings offer leadership skills focusing on self-reliance, positive thinking, conscious choices and healthy self-esteem, empowering our teenagers to create the life they want to live. The fellowship and workshops bring them into a deeper awareness of Universal Principle and an acceptance of greater responsibility for their own choices.

So what are we doing on Wednesday nights to promote the revelation of these qualities? We have a weekly check-in in a safe, supportive non-judgmental and caring environment and provide healing treatments. Secondly, we offer a weekly workshop for the teens. We encourage a dropping

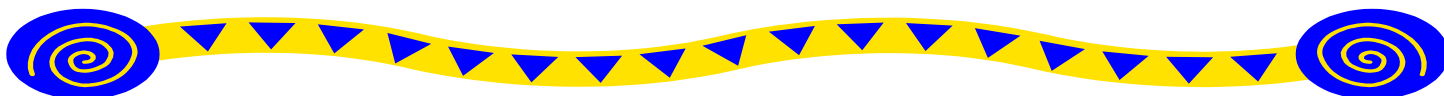
(Continued on page 4)

Junior Church

Every Sunday at 10 a.m. with Brooke Cole and Janie Lundy



We have launched many new adventures already this year in Junior Church. Our journey into “What We Believe”, as written by Ernest Holmes, has brought us to a new place in our exploration of the Science of Mind. We have certainly learned many new words! And we have also begun to experience that still, quiet space that we call “heaven within us”. This season we intend to build on this by diving deeper in to the steps of treatment as we have learned them so far, exploring each step for its meaning and juice or “rasa” as Bill has called it. Together we continue our exploration into the infinite realm of treatment as we continue to create an ever deeper sense of community and share an ever more authentic sense of Self.



(Continued from page 3)

of the mask we often wear in the outside world in order to be more comfortable in exploring components of a successful life and the sharing of ideas with other teens. Rev. Hollis and I can assure you, the bonding that happens in a safe support environment creates friendships that last through many decades, providing loving, spiritually conscious support through all of life’s ups and downs.

Our students don’t just come from the two Peninsula Religious Science churches. We have kids from all faiths, Jewish to Catholic. We always end with prayer treatment, of course. Affirmative prayer treatment is non-denominational, providing a basis of unity and personalized, loving affirmation of Divine Right Action in all things and in all people. We really are One.

Thank you for all your support over the Christmas Bake Sale. You were amazing! We raised a total of \$1,250 enabling us to send 6 first time participants to Winter Seminar at Loma Mar. Just to let you know, the teenagers tithed back to the church, affirming the laws of prosperity. Through a generous donation of materials by Lisa and Mike Whir-

low, the teens are making beautiful personalized rhinestone bracelets just in time for Mother’s Day. These fundraisers help defray costs so they can attend the two annual camp retreats for the teenagers that are eligible. Other fundraising ideas the teens have come up with are a youth music concert, car washes, and a raffle among others. This is a group bonding in love with a common goal. These young people are the future of our church, our teaching and our world. They are our future leaders. Something wonderful is happening with these kids!

We are looking for parents or other adult mentors to supply leadership with our youth. Please contact Sreya at 643.0192 or Hollis and Jack at 625.6264 so we can let you know about the opportunities available for volunteers.

Stayed tune to the teen channel to see just what we’re up to!

Love — Sreya

CLASSES AND WORKSHOPS AT PCC

<p>New SOM 100 Module Three</p> <p>Dr. Bill continues teaching the fundamentals of Science of Mind using the new material developed by Dr. Bernardo Montserrat. This curriculum makes the material more interactive than in previous years and provides the student with excellent printed class notes and exercises.</p>	<p>Monday, Mar 16, 6:30-8:30 P.M. 10 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Dr. Bill</p> <p>Cost: \$130</p>
<p>Practitioner's Class</p> <p>This class is closed to further enrolment!</p>	<p>Tuesday, Jan 13, 6:30 - 8:30 P.M. 1 Year</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Dr. Bill</p> <p>Cost: \$1,000</p> <p>Book:</p>
<p>You Be the Judge: The Impact of Thomas Troward on Religious Science</p> <p>Thomas Troward is hardly a household name, yet he was a brilliant and influential thinker who greatly influenced Ernest Holmes. A British military officer, Troward spent his adult life as a judge in India, where he doubtless imbibed Eastern spiritual teachings. He returned to England after retirement to present a series of riveting and groundbreaking talks that would become an integral part of the underpinnings of Religious Science</p> <p>Join the Revs. Sandy Leader and David Hayward for a scintillating 10-week course on Troward's pivotal "Edinburgh Lecture on Mental Science" on Tuesday evenings from 7 to 9 beginning on March 31.</p>	<p>Tuesday, Mar 31, 7 - 9 P.M. 10 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Revs. Sandy Leader and David Hayward</p> <p>Cost: \$130</p> <p>Book: "The Edinburgh Lectures" by Thomas Troward</p> <p>This class is part of the 200 series!</p>
<p>Create the Love of Your Life Workshop</p> <p>For Singles and Couples</p> <p>This workshop will help you get clear about what you really want in a relationship and show you exactly what to do to get it.</p> <ul style="list-style-type: none"> -Move towards higher and greater quality of satisfaction in all your relationships -Open up new, pleasurable possibilities you previously never imagined -Learn how to keep your relationships alive, growing and successful 	<p>Saturday, Mar 28, 9A.M. - 5:30 P.M. All Day Workshop</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Susan Scott</p> <p>Cost: \$75 in advance and \$125 at the door</p> <p>Book: None</p> <p>For more info and to register Call Susan Scott: 831.646.9111</p>

CLASSES AND WORKSHOPS AT PCC

<p>Spiritual Boot Camp What happened to those New Year’s resolutions? If you’re ready to take your life in a new direction, if you’re ready to take control of your mind and create a tomorrow that seemed out of reach, if you’re ready to put some mental sweat into your Spiritual/Mental creative muscle, then Spiritual Boot Camp is for you.</p> <p>Spiritual Boot Camp is a regimen of honest, rigorous self-study in order to come face to face with the truth of your being. Everything you need is right where you are.</p>	<p>Tuesday and Thursday Mornings—One hour each 7-8:00 a.m. Begins April 7th and ends July 23rd</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Sreya Zekas</p> <p>Cost: 32 Morning classes for \$160. Payment plan available but this is not a drop-in class</p> <p>Book: None required but <u>please bring a journal</u></p>
<p>Dr. Marc Gafni with Sally Kempton A Five Part Series of Saturday Morning Lectures The Path and Politics of Love.</p> <p>A Guide to Transforming Your, Life, Your Relationships and Healing the Planet.</p>	<p>Saturday, April 4, 10:00 A.M.-1:00 P.M. Morning Seminar</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Dr. Marc Gafni and Sally Kempton</p> <p>Cost: \$50 per session</p> <p>Book: None required</p>

PACIFIC COAST CHURCH

Fellowship Parties

Your party stop on the path to enlightenment!

13 - Create your Own Journal Cover ... \$25

Guests: 10

Date: Saturday, March 21st

Time: 1:00 - 4:00 pm

Place: 113 8th Street, P.G. - in Art Studio

Hosts: Deb Albright and Robin South,
 372-8044

debbyaltfeld@sbcglobal.net

Served: Refreshments including Cathy Cole’s homemade cookies, and Robin’s Buttermilk Chocolate Cake
 Create your own personal fabric cover for your journal or book, choosing from a vast assortment of fabric materials. Deb has a huge variety - or bring your own. Standard composition notebook to cover will be provided. You’ll love working creatively in Deb and Robin’s bright, spacious studio in their historical PG home, where they create beautiful quilts.

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#14 - Introduction to Western Astrology ... \$35

Guests: 12

Date: Saturday, March 21st

Time: 6:00 - 9:30 pm

Place: Carmel (address provided upon sign-up)

Host: Anna Nordh, 250-7504, (760) 271-8444

Served: Light, warm buffet

An Astrologer for many years, Anna will share her knowledge with us through a PowerPoint presentation, followed by a question-and-answer session. Each guest will have an opportunity for a brief personal reading by Anna.

Focus of the evening:

** Connect with your Spiritual Contract;*

** Learn how to navigate the current waves of Change; and*

** Activate your inherent power to co-create your Destiny.*

Come and enjoy this invitation to step into your Co-Creator self.

#15 - Art Expression Hula Hoop Party with Potluck ... \$15

Guests: 20

Date: Saturday, March 28th

Time: 2:00 pm

Place: 1704 Mendocino Street, upper Seaside

Hosts: Patty Conklin and Lucinda Andersen, 647-8421

Food: Bring potluck dish to share, and your drink

Spend the afternoon in this expansive living room/dining room, spreading your joyful energy as you put to good use the Hula Hoop you made in February! This is part 2 of the Hula Hoop Extravaganza! Use the creative Life Force to build the Sacred Circle once more. Full expression is the focus here in music, dance, song and art collage. Put on your dancin' shoes! Wear fun clothes or even a costume. Bring musical instruments to play. Bring your spare magazines for collage making, and your Hula Hoop. Live it up (not lite it up)! No, you may not light your hoop on fire!

#16 - Organize your Life ... \$30

Guests: 12

Date: Saturday, March 28th

Time: 6:00 pm

Place: Carmel (address given at sign-up)

Host: Carolyn Kishori Koepsell, (845) 978-5842 carolynclears@gmail.com

Organize your Life and make room for more joy! By organizing your Life, you will

Expand your time

Expand your space

Expand your peace of mind

In this workshop we'll come to understand how deeply clutter and disorganization effect our minds, bodies and souls! Organizing brings a sense of calm and readiness, so even Emergency Preparedness will be addressed.

#17 - Home Brew Lesson & Tasting ... \$55 -- (this one might already be full)

#17 - Home Brew Lesson & Tasting ... \$55 -- (this one might already be full)

Guests: 7

Date: Sunday, March 29th

Time: 12 noon - 5 pm

Place: Prunedale (meet at church to carpool)

Host: Barbara Allen, 333-0377

Served: Food paired with the beer

So many beers and so little time! Get a Home Brewing lesson and learn how to make your own unique beer. Understand the keys to brewing different beer styles and what techniques, choice of yeast strain, hops and grains will bring out the best in your pint glass. You'll have an opportunity for beer tasting and food pairing with the beer. This is sure to be a great beginning for many new home brewers. Since it is "bootleg", we will be carpooling from the church. You know Barbara ... you'll have a great time! Remember, "Life is too short to drink bad beer."

#18 - Croquet & Ice Cream Social \$15

Guests: 12 (family friendly)

Date: Saturday, April 4th

Time: 2:00 pm

Place: 179 Lighthouse Avenue, P.G.

Donors: An McDowell, 373-1715

You're sure to have fun with An and family as you skillfully guide your ball thru those crafty little hoops. And then, enjoy the sweet indulgence of home-made ice cream.

Croquet with friends = \$15. Slurping down home-made, hand-cranked ice cream that you made yourself just moments earlier = PRICELESS!

#19 - Bunko Game Party ... \$25

Guests: 15

Date: Saturday, April 4th

Time: 6:30 - 10 pm

Place: 175 Linde Circle, Marina

Donor: Sheri Parelskin, 884-9706

Served: Light refreshments & door prizes

Enjoy an evening of good fun and friends playing this exuberantly-played, fast-paced dice game with experienced players as well as novices. Scream out "Bunko!" when you win the hand! It's easy to learn, and beginners are especially welcome. Sign up early -- Sheri always has a full house!

#20 - Haiku Poetry and Pot Luck \$15

Guests: 20

Date: Saturday, April 11th

Time: 5:00 - 9:00 pm

Place: 7 Victoria Rise, Monterey (Skyline Forest area)

Donor: Caroline Gordon, h 393-1906, cell (408) 203-6799

Served: Variety of drinks provided. Guests bring a dish for pot luck.

This is your chance! Caroline's home, complete with an extraordinary meandering Zen back yard, is the perfect place for this party. After an early-evening pot luck dinner, Caroline will share her love of Haiku, giving us a brief idea of how to create Haiku poetry. Come read your favorite Haiku poems, listen to others reading theirs, or create your own in this loving home setting. Enjoy old favorites and hear new ones. Beginners welcome!

#21 - Getting Back in Touch with Your Inner Child \$20

Guests: 10

Date: Saturday, April 18th

Time: 11:00 am - 1:30 pm

Place: 1782 LaSalle Avenue, Seaside (x Yosemite)

Donor: Emma Shaw, 393-0436

Served: Lunch provided.

Ever wanted to go back and have a day at Preschool? Preschool teacher Emma will help us do just that. Adults, come finger paint, do creative arts, be really silly, do story-telling, dancing ... Re-visit those early years in a safe setting.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Dr. Bill The Economic Forum	2 SOM MOD 2 #9	3 Practitioners #8	4 Healing Service 6 p.m.	15 RL/M	6	7 Marc Gafni
8 Dr. Bill SS Spirit Sing	9 SOM MOD 2 #10	10 Practitioners #9	11 Healing Service 6 p.m.	12 RL/M	13	14
15 Dr. Bill BOS	16 SOM MOD 3 #1	17 Practitioners #10	18 Healing Service 6 p.m.	19 RL/MW	20	21
22 Rev. David Ault and Karen Drucker!	23 MOD 3 #2 Dr. Bill At ANTN	24 Dr. Bill At ANTN	25 Healing Service 6 p.m. Dr. Bill At ANTN	26 RL/M	27 Dr. Bill At ANTN	28 Susan Scott Workshop 9 a.m.
29 Dr. Bill Ministers Meet	30 MOD 3 #2	31 Troward #1 Practitioners #11				

April

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Healing Service 6 p.m.	2 RL/M	3	4 Marc Gafni and Sally Kempton 10 am
5 Dr. Bill The Economic Forum	6 MOD 3 #2	7 Troward #2 Practitioners #12 Boot Camp #1 7 a.m	8 Healing Service 6 p.m.	9 RL/M Boot Camp #2 7 a.m	10	11
12 Easter Dr. Bill SS Spirit Sing Michael Stillwater	13 MOD 3 #2	14 Troward #3 Practitioners #13 Boot Camp #3	15 Healing Service 6 p.m.	16 RL/MW Boot Camp #4	17	18 <i>Memorial Service for Myra Gophnee</i>
19 Dr. Bill BOS	20 MOD 3 #2	21 Troward #4 Practitioners #14 Boot Camp #5	22 Healing Service 6 p.m.	23 RL/M Boot Camp #6	24 25 The Real Love meetings are open to anyone who is interested in learning more about the concepts of Greg Baer's book, "Real Love" which is sold in the Mind Shop. All meetings are from 7-9 p.m. Facilitator: Dale Hillard 455-2980. RL/M = Men's Group. RL/MW = Men and Women's Group	
26 Dr. Bill Ministers Meet	27 MOD 3 #2	28 Troward #5 Practitioners #15 Boot Camp #7	29 Healing Service 6 p.m.	30 RL/M Boot Camp #8		



Calista and Abigail Seay are very excited about their new baby sister!
Congratulations to James and Heather on the birth of their beautiful
daughter Jasmin.

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EVENT PLANNING

At PCC!

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Pacific Coast Church

Return mail address:

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Pacific Grove, Ca. 93950

Sunday Service 10:00 A.M.
Junior Church 10:00 A.M.
Chanting and Meditation 8:45 - 9:30 A.M.
Circle Group 11:30 A.M. - 12:15 P.M.
Wednesday Evening Healing Service 6-7 P.M.



MICHAEL STILLWATER

at PCC on Easter Sunday!

Michael Stillwater is a multi-talented artist and inspirational educator using music for healing. A recording artist of over a dozen albums, his songs reflect universal spiritual principles through the eyes of his human journey, and his chants are known worldwide for opening the heart to love and mind to peace.

Wednesday Evening Healing Service 6 -7 P.M.

3/4:	Ministerial Candidate: Dia Lynn	Practitioner: David Martin
3/11:	Ministerial Candidate: Karla Bristow	Practitioner: JoAnna Daum
3/18:	Ministerial Candidate: Andrea Fuller	Practitioner: Rev. Pam George
3/25:	Ministerial Candidate: Bari Roberts	Practitioner: Pamela Burns
4/1:	Ministerial Candidate: Sheri Parelskin	Practitioner: Rev. Dr. Carell Zaehn
4/8:	Ministerial Candidate: Kim Yalda	Practitioner: Andrea Fuller
4/15:	Ministerial Candidate: JoAnna Daum	Practitioner: Diana Galbraith
4/22:	Ministerial Candidate: Diana Galbraith	Practitioner: Sreya Zekas
4/29:	Ministerial Candidate: Lauren Pond	Practitioner: Karla Bristow

March Topics

March 8: The Necessity of Mental Gardening
March 15: Be Here, Live Free
March 22: Rev. David Ault and Karen Drucker
March 29: Using Religious Science in Daily Life

April Topics

April 5: Time Is Relative
April 12: Many Levels of Community
April 19: Allowing God to Take Over
April 26: Dr. Rick Moss, St. Teresa of Avila and the Experience of the Divine

Second Sunday Spirit Sing at Six!

The second Sunday of every month 6:00 - 7:30 p.m. Love offering.

March 8, Bari Roberts, • April 12, Easter Sunday Special Event with Michael Stillwater!