



Ancient Wisdom in a Modern Way

MARCH / APRIL 2011

VOLUME 19, ISSUE 2

Pacific Coast Church

Come thou great and infinite mind
 inspire me to do great deeds.
 Acquaint me with thy knowledge
 and in thy wisdom make me wise.
 I would be taught of Thee,
 Inner Light and inspired by thy presence.
 I will listen for thy voice
 and it will tell me of great things to be done.
 I will walk in thy paths
 and they will lead me into All Good.
 I will be inspired from on high.
 O wonderful Presence,
 flooding me with Thy Light,
 Thou dost inspire me. ~ Ernest Holmes

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The Christian world celebrates the resurrection of Jesus now, just as nature is also experiencing a beautiful new birth. Normally we think of resurrection as though it's related to rising from the dead. This is a concern for most people since we want life to continue and we want to have 'another chance' at it all.

But what if it means something deeper? Perhaps we are designed to be resurrected even while we're alive. To contemplate this we might start thinking about what resurrection *in the mind* would be like. Is it possible for mind to die? Mental death may be closer than we think. When the mind is very repetitive, thinking the same thoughts day after day, doing the same actions with clocklike regularity, then it has become a robot. It's hard to say that the mind is alive then; it's more like a computer trapped in some programming loop. Note that a person with this kind of mind still seems to function 'normally.' They take the kids to school, pay taxes on time and send good wishes on relative's birthdays. But where is the *spirit* of being alive? As the

French say, the 'joie de vivre'? Where is the ability to stop all programmed actions and just be still in a magical moment? Where is the sense of boundless potential in what seems to be a limited set of circumstances?

I think the Christian story of resurrection, while it may be literally true, is really about a rebirth into a very different state of consciousness where the world is not seen so much as made of objects and facts but is already a radiant energy capable of changing shape at a moment's notice. When we wake up from a dream at night (nightmare or otherwise) in an instant we find ourselves in a completely different reality. We are free of the emotions and other constrictions of the dream state. And this freedom expresses itself immediately as we arise and meet a glorious day.

Jesus' story of the Prodigal Son is also a version of resurrection. The son was dead in



PATHWORDS

THE BI-MONTHLY NEWSLETTER OF PACIFIC COAST CHURCH

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*"Good and more good is mine.
There is no limit to the good that is mine.
Everywhere I go I see this good,
I feel it, I experience it. It presses itself
against me, flows through me, expresses
itself in me, and multiplies itself around me."*

Ernest Holmes

PATHWORDS is the Bi-Monthly newsletter of Pacific Coast Church and is edited by Dr. Bill Little, Rev. Cathy J. Cole and Rev. David G. Hayward. Contributions come from our members and friends to delight and inform our spiritual community.

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some far country that he had desired and created. His world had turned very dark. It was in his own mind that he remembered his Father's house and how wonderfully all were treated there. Life comes to get us when we realize that our personal world is a prison to our spirit and we want to return to our real nature. By going home to his Father's house the Prodigal returned to the source from which he sprang. This we can do all the time. We don't have to wait for the body to become old and die. In Treatment and meditation we can ask the essential life to 'make all things new.' Sometimes life arranges to give us a taste of this miraculous power. Extreme situations often bring people unexpected power and resiliency. A soldier in war can be so close to death that he moves into a transcendent state of being. A mother giving birth may also experience a different reality and sense the universe birthing by means of her.

We are designed for ongoing resurrection from the memories and thoughts and feelings of the past. One might say that we are here to break out of the prison of the past. In Plato's Republic he tells the story of people who have lived their entire lives in a cave. They only know the dreary light of torches and their shadows on the wall. But one among them is curious and climbs out through some hidden and tight passageways to the outside world filled with color and life and sunshine. He is 'born again.' He come back to tell his fellow people about the greater reality and he is stoned by them for telling lies. But as metaphysicians we are prepared to receive the truth and live it. Jesus said 'Ye shall know the Truth and the Truth shall set you free.'

With great love,
Bill



Junior Church

Every Sunday at 10 a.m. with Brooke Cole and Janie Lundy

The joy and open-heartedness abounds with our children downstairs in Junior Church! After getting some wiggles out and warming up our bodies a bit with a welcome circle song, the children eagerly raise hands to take turns sharing. Some share special items they have brought with them that morning - a stuffed animal, a game, an action figure, a handmade gnome - while others tell us a recent event in her/his life. Each child shares honestly and openly, growing more comfortable as she/he uses her/his voice more. Often this part of our time together is quite lengthy - especially if we get on the subject of losing teeth or birthdays or It is so wonderful to see the freshness of their reactions to each story/item.

Another favorite activity is the Gratitude Web. "Can we do the web today?" cries one eagerly, and the others quickly chime in powerfully. We hunt out some colorful yarn (or perhaps some ribbon or a streamer) and stand in a circle with one child holding the ball of yarn. She/he says something/one she/he is grateful for and then, holding onto the yarn's end with one hand, she/he tosses it across the circle to another child. This child does the same and we continue until an intricate web is created in the middle of our ring. Then, we decide whether the children want to duck under and get all tangled up in the Gratitude Web or whether we want to trace the yarn backwards, dismantling the web carefully. Lots of laughter and silliness guaranteed with this game, along with cooperation and support. Fun!

Love to all — Janie

Practitioner's Corner

Rev. Cathy J. Cole

Name Your Year Workshop 2011 – 10th Year!

At the end of the year 2000, Rev. Nancy Callahan wrote an article in Pathwords about the "Naming Your Year" ("NYY") process that she and her friend, Leslie Bruhn, had been having fun with for many years prior. I was so moved by Nancy's article that I decided I wanted to incorporate the "NYY" process into a New Year's collage process I was undertaking at that time. I named my Year 2001: "Spirit Illumines and Reveals" and incorporated this into my overall creation collage. Throughout that year, that collage served as a wonderful visual and spiritual aid for me. That year marked a turning point in my life and I can honestly say that Spirit did illumine and reveal a new, and much more perfect and right path for me – that of Religious Science Ministry.

My excitement about these two processes in combination was something I wanted to share with others. I am very pleased that Dr. Bill gave Rev. Nancy, Leslie, and I the opportunity to share NYY with the PCC community as a class for the first time in January of 2002. Dr. Bill simply announced thereafter that this was now a PCC tradition – and the class that we just held a few weeks ago was our 10th Annual! How does he just KNOW these things? □

Our goal for the workshop is to assist one another in applying Religious Science principles through the correct naming of our year, thus purposefully creating and attracting to ourselves the life we truly want to live. This year I really chal-

lenged everyone to truly follow Dr. Holmes' advice from his Love and Law teachings in 1918:

"... if you could realize the tremendous power of attraction that holds everything in its place, it is yours, it is yours, this gift. It is the divine birthright of every living soul, but we limit ourselves

by thought of limitation. Now, we must open up the doors of our consciousness and expand and expand and expand, and no longer think in terms of the backyard lot, but in the terms of the infinite nature, in the terms of the universe."

One of my favorite parts of the workshop is at the very end of the second session, when each participant states the name of their year, with clarity and conviction – witnessed by all in attendance – what an incredibly amazing experience to support one another in expanding into our infinite nature!

It is with great joy that we now share with you some of the names from our recent 2011 workshop. Our wish is that you, too, will be inspired to Name Your Year and create the life that you truly want to live!

Lots of love,

Rev. Cathy

Namasté

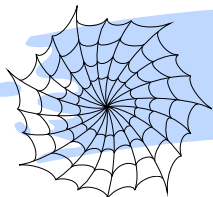
Some of Our 2011 Names – What's Yours??

- 2011 – My year I am happily changing my thinking for the better.
- In 2011 I gratefully and joyously experience optimal health and vitality, fun and celebration and connection, and amazing abundance and creativity – easily, effortlessly and gracefully.
- I accept lavish abundance and all my needs and desires are met.
- 2011 – I claim as my year for conscious living and conscious loving. I AM LOVE.
- Accelerated, Effortless, Manifestation Through Fun and Happiness!

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- I am gratefully reveling in my wonderful relationship with my life partner/husband; my fit, trim, healthy, 160-pound light body; and my fruitful, dharmic career!
- Dreams and visions are reality in my life.
- 2011 – I know how beautiful I am inside and outside. Thus, I manifest my business from inside and outside. I believe in myself and my unlimited potential.
- 2011 – Is Heaven on Earth.
- As a lean, lively, healthy artist, I am easily and effortlessly creating my art, relationships and business with love, joy and success on every level, blessing me and all I touch.
- This is my year of taking flight! This year I master surrendering my life to the powerful manifesting force of Divine Mind. With deep gratitude, I see that everything in my life is unfolding perfectly for my highest good. I relax each day in stillness, remembering that my only job in this plan is to choose joy, peace and self-love every moment. And so it is!
- I am experiencing new horizons of joy, prosperity, connection, and power.
- 2011 is my year of openness, prosperity and a new name!
- 2011 is My Year of Abundance!
- I easily align with divine love, surrender to its power and the highest good, remain engaged by the present moment, and manifest all that I desire.
- I am gratefully and joyfully welcoming in the love, beauty, perfect health and success to my life every day and feeling the gratitude with each blessing.
- I am gently, lovingly, and divinely guided, while being completely and fully supported on every level. Easily, effortlessly I am 101 pounds of complete health, vitality, happiness, wholeness, wealth, wisdom, love and fun! I am infinitely grateful and so it is!



The Dream Weavers

The teens, tweens, in-betweens and parents all had a great time at the Dream Weaver's Spring Fling last Sunday the 20th in the PCC Garden. We had wonderful, healthy food galore at the pot luck, bubbles in the air, fun jumping and bean bag games, as well as a quick workshop letting the parents experience the kinds of things we do at the Dream Weavers gathering. Blaze Malcolm brought her hand knitted scarves and hats, fund raising for her community service trip to Peru. You can find them in the MindShop if you're looking for something to keep you warm or just want to contribute to her seva. Daniel played saxophone for us. We looking forward to hearing much more from him.

We'll be meeting on Saturday morning at 10:00 am starting March the 19th. Let other young metaphysicians know what we are doing at PCC! Look forward to seeing you there! With great love and a happy heart, Rev. Sreya Zekas

Ancient Dream Work for Everyday Life

A PCC Weekend Workshop
Rev. Sandy Leader

In the ancient Tibetan Buddhist wisdom, dreams are not just considered windows into our deeper mental and emotional underpinnings but are viewed as powerful vehicles for personal transformation.

In May, Lene Handberg of Copenhagen, Denmark, who has been immersed in the mysteries of Tibetan Buddhist teachings for nearly 30 years, will present an exciting weekend workshop at Pacific Coast Church on “Ancient Dream Work for Everyday Life.”

Ms. Handberg, whose warm, accessible manner and irrepressible humor have won her a following in the United States, will present tools of “dream yoga,” both theoretical and practical, to help participants “wake up” or become lucid in their dreams. From this place of awareness that they are dreaming, they may then learn how to work with what Tarab Tulku calls “vulnerable self references” – what we might think of as “wounds from the past” – which manifest not only as undesirable unconscious behaviors but negatively impact our very perception of reality.

By working with the energies of the dream state, which most of us can easily see is a fluid creation of our own inner world as opposed to the apparent “solid reality” of our outer experience, we are more easily able to recognize, access and integrate those shadow parts of ourselves that normally elude conscious awareness.

The dream material she will present is extracted from a four-year course of study called



Lene Handberg

“Unity in Duality” developed by her teacher Tarab Tulku XI, a reincarnated lama who was exiled to Copenhagen after the Chinese invasion of Tibet and who has been described by the Dalai Lama as one of the foremost scholars of Indo-Tibetan wisdom of our time. Before Tarab Tulku’s passing in 2004, he designated Ms. Handberg to carry on his legacy, including the Tarab Institute, which is now in nine countries.

As the name suggests, Unity in Duality, like Religious Science, posits an underlying oneness behind everything on this material plane.

Tarab Tulku, in fact, often uses the term Science of Mind in relation to the deep inner exploration of the functioning of the human mental apparatus. His conclusions about mind, though stated in differing terminology, are much in alignment with those of Ernest Holmes, the founder of Religious Science.

“Modern Science and Ancient Inner Science differ in that the former uses outer tools to investigate matter and consciousness whereas Ancient Inner Science employs inner tools – “awareness tools,” relating to more subtle embodiments that are deeper than those we normally use,” explains Ms.

Handberg, who has been teaching ancient Tibetan Buddhist wisdom since 1987. “This is the basis upon which sages and yogis have investigated mind and its relationship to outer experience and discovered how to transform to a more subtle level of existence.”

Dream work is one of a variety of approaches employed in the “Unity in Duality” course of study to help people arrive at a deeper understanding of the nature of mind and come to greater wholeness, well-being and vitality.

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A goal of the workshop is to help participants take “response-ability” for their own feelings rather than blaming others, particularly when they experience hair-trigger reactions to outer events. To this end, she will elucidate the various aspects and levels of mind as identified by Tarab Tulku, such as the seeing-sense mind (which allows us to see) and other sense-minds; the conceptual mind (which forms words, thoughts and concepts); the image-mind (which forms mental imagery) and feeling minds (which generate feeling states, from the high fever-pitch of powerful emotions to the deep feeling-mind capacity of the most profound meditation or unity state).

“As humans we are well-equipped with a variety of complementary ways to receive necessary information about the world around us,” says Ms. Handberg. “However, we often do not make use of all the available types of mind. If one or more are missing, it’s like one or more pieces of the great mosaic we call reality falls out – and mistakes are inevitable.

“This is especially true if the conceptual or language mind dominates, which is often the case in modern cultures. It is important to note that what we don’t name cannot be part of conceptual reality. So if we are conceptually dominated, then we can easily make mistakes by assuming that conceptual reality is all there is. In fact, we are overlooking or “forgetting” to name 90 percent of what exists, which in this way is naturally screened out. The conceptual mind then isolates the 10 percent from the rest of sensory input and calls this fraction the whole. When we over-emphasize the conceptual mind we can make many mistakes – serious mistakes – in our personal as well as professional lives,” she explains.

“And collectively we can make mistakes on a really big scale – just look at how many problems we are able to create in this world. It easily happens when we don’t know the nature of the mind type we generally use, and we therefore mistake our individual perceptual reality as existing out there by itself.

“No other species besides humans could destroy so much in so short a time,” she adds. “On the other hand, no other species is so creative and able to solve problems of the world. If we replace the missing pieces of the mind-mosaic, we can make peace and prosperity prevail for and among all species of the world. With a bit of study, practice and application we could do it!”

Ms. Handberg’s workshop is co-sponsored by the Zen Center of Monterey Bay.

Dates:

May 6, Friday 7-9 p.m.

May 7, Saturday, 10 a.m.- 5 p.m.

May 8, Sunday, 1:30-5 p.m.

Weekend Cost:

Before April 18, \$160;

After April 18, \$175.

Friday night only: \$15.

Friday, Saturday only: \$115

If *after* attending Friday and Saturday, participants want to sign up for Sunday that is permitted for an additional \$45.

My peace is found at the heart of God. The heart of God, for me, is found at the very center of my being. It does not matter how closely the confusion of the outer world presses against me, I am not even disturbed by the confusion in my intermediate environment. I know that the only way to counteract the confusion is to bring peace into play. "Peace I leave with you, my peace I give unto you; not as the world giveth, give I unto you." These words of assurance stay with me, and I hear them re-echoing in the depths of my being. ~ Ernest Holmes

Treasurer's \$ Corner

The Old and the New in Our Sacred Space

On April, 28 of last year, we signed a contract with MC Roofing to replace three of the six roofs on our 1923 building.

We budgeted \$40,000 for the three roofs and \$3,000 for dry rot. After getting six proposals, we accepted MC Roofing's bid for \$39,560 (\$2,000 signing discount) The dry rot repair and laminated beam on the dome was an extra \$5,822.56 totaling \$43,382.56. We made the final payment in January of this year. Thank you all for the outpouring of generous support that allowed us to complete this phase of the roof work.



If you would like to make a donation towards the other three roofs (bids = \$40,000), Building Fund envelopes are on the Lakshmi table as you enter the church.

Have you noticed the changes in our sound system and the televising of the service into the Community Room?

We have upgraded our sound system to the tune of about \$4,000 by installing a new sound board, surge protectors and a speaker in the hallway to the Treatment room.

Thank you: Dennis Murphy for your advice and help in making the upgrade, Christian Crump for installing the cable from the AV booth to the HDTV, Shannon Thomason for hanging the HDTV & Tony at I.A.M.P. for making everything work.

Lastly, thank you to those of you that are making regular donations by credit card. However it is helpful, and financially beneficial to the church, if you include as much information as possible. Please always include: your billing address, zip code and the three digit security code on the back of the credit card.

Create Great Memories,

Dale Hillard

Treasurer

**A realization of the presence of God
is the most powerful healing agency known to the mind of man.**

~ Ernest Holmes



Concerts at JCC

produced by Bob Phillips

Friday, March 11, 7 p.m.

"Sweetfire"

with Shannon Miller

(Jazz Meets Saint Paddy)



Saturday, April 16, 7p.m.

Julie Capili Quartet

George Young Quartet

Tickets in advance at the Mindshop \$15,

\$18 at the door

New Classes and Workshops at PCC

<p>Sacred Relationships</p> <p>Have you ever wondered how some couples seem to grow closer and more in love with each passing year, while others struggle to stay together?</p> <p>The 'Sacred Relationships' seminar is Lively, Interactive, Deeply Insightful and covers every essential component successful couples use to keep their love healthy, growing and Sacred.</p> <p>Trust, Passion, Synchronicity, Co-Creationship & Soul Connection: These are some of the components essential for these & future times. This seminar will explore all of these topics. Each week we will cover 2 chapters in 'Isle of Fantasies' that participants have read and completed prior to each class.</p>	<p>Wed, February 23, 7:00 - 9:00 P.M. 6 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Tana Marie Misrack</p> <p>Cost: \$90 includes copy of Tana Marie's book 'Isle of Fantasies: Secrets for Creating the Love of Your Life'</p>
<p>Cultivating Joy</p> <p>Joy does not have to be fleeting. Joy is your true nature, your birthright —you were born with the capacity to experience an on-going state of happiness and bliss. Yet, in truth, how often do you feel joyful? A few days in a row? A couple of times a day? Once or twice a week? Rarely, if at all?</p> <p>Join Rev. Sandy Leader in exploring a series of practices designed to strengthen your joy muscles so that no matter what happens in the outside world, you cannot be dislodged from a foundational state of well-being and happiness. We will be working with "Awakening Joy," by Berkeley authors James Baraz and Shoshana Alexander and focusing on different techniques and contemplations each week.</p>	<p>Mon, March 21 , 6:30 - 8:30 P.M 10 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Rev. Sandy Leader</p> <p>Cost: \$120</p> <p>Books: "Awakening Joy" James Baraz and Shoshana Alexander</p>
<p>Thomas Troward</p> <p>Troward authored several books on mental science, one of which is entitled <u>The Edinburgh Lectures</u>. This one text is so profound that it has become a baseline of spiritual understanding for metaphysical students for a century and is studied in all metaphysical teachings. Judge Troward is clear, logical and easier to understand than one might believe.</p> <p>"When you put this knowledge in the mind and understanding of Dr. Bill, it becomes magic. The subject is no longer a course, it is an inner experience. One finds themselves bathed in the Light, in stillness, awe and knowing. Dr. Bill makes it clear, as pure and clear as crystal and fills it with the light of understanding. This class on Troward is one of the single most important classes you will ever take in higher consciousness" Dr. Carell Zaehn</p>	<p>Tues, March 22 , 6:30 - 9:30 P.M 12 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Dr. Bill</p> <p>Cost: \$195</p> <p>Books: The Edinburgh Lectures</p> <p><i>You must have completed all SOM 100 classes to attend this class. Please register early and make sure you qualify.</i></p>
<p>Soul of Savasana</p> <p>All trauma (emotional, intellectual, spiritual or physical) is registered on a cellular level. The vibrations created in SOUL OF SAVASANA vibrate the injured memories within each cell. As the tensions are released from the body and mind you will feel the pain or "fire" during the releasing process. SOUL OF SAVASANA allows the individual to remove the blocks to love's presence. This is a unique Centuries-old-tested System - Vibratory Pain Release (VPR). SOUL OF SAVASANA brings one closer to your natural inheritance — peace with integration of listening to your inner voice with precise acute clarity! Imagine sitting in the silence of your own Soul of Savasana leaving you with inner peace and spiritual bliss</p>	<p>Fri, March 25, 6:30 P.M. 6 week class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Devadattan Das</p> <p>Cost: \$81</p>

New Classes and Workshops at PCC

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The entire 12 weeks is devoted to observing ourselves and learning to love ourselves and others as both human individuals, with all our greatnesses and peculiarities, and as God-beings, functioning on this plane. Since God IS love, and God is flowing through us now as love, how are we relating to that truth? How do we show it in our lives? How are we accepting the amount of love that others express?

We'll see what we believe about love, our current sense of self-worth and where we can bring our own bloom. We'll see where and how we can give or why we perceive we can't, where we also need some support and love for ourselves, how to give it and how to receive it. Needless to say, there will be some forgiveness work here, both for ourselves and for others.

Mon, April 4, 6:30 - 9:00 P.M. 12 week class

Location: PCC, 522 Central Ave. PG

Instructor: Rev. Dr. Carell Zaehn

Cost: \$195

Destiny By Design

THE SECRET THAT "THE SECRET" DIDN'T TELL YOU! Make the Law of Attraction work for you. The truth is many of the "attraction" programs leave out a very important detail: To manifest what you want, you must be in alignment. If your Unconscious Mind does not agree with the Conscious intention, you cannot manifest your desires. It's as simple as that. When you achieve alignment between Conscious and Unconscious Minds and the Laws of the Universe, whatever you focus on will set the Universe into motion to bring it to you. In this class, you will learn to come into alignment, blast through limiting beliefs and use strategies that work to easily and effortlessly attract more abundance, love and success into your life.

Wed, April 6, 7:00 - 9:00 P.M. 8 week Class

Location: PCC, 522 Central Ave. PG

Instructor: Rev. Andrea Fuller

Cost: \$100

Seasons of Change

Allowing Nature's Wisdom to Illuminate the Mourning Process. The mourning process is natural and inevitable. But did you know it could be beautiful too? Come and join, Sufi mystic, Elizabeth Weber, as she shows us how to mine the sacred treasures that can be found only through sorrow.

Sun, April 10, 1:00 - 3:00 P.M. Afternoon Workshop

Location: PCC, 522 Central Ave. PG

Instructor: Elizabeth Weber

Cost: \$30 Includes a copy of Elizabeth's Book "A Beautiful Mourning"

Ancient Dream Work for Everyday Life

Join Lene Handberg of Copenhagen, Denmark, a teacher in the Tibetan Buddhist mystical tradition, for a powerful weekend workshop working with dreams to uncover and release "vulnerable self references" (what we might call wounds from the past) in order to transform disturbing mental patterns and free ourselves from the grips of debilitating habitual responses. Dreams are doorways to access the deeper realms of our subconscious mind, aspects of ourselves that are not readily available in our waking state. Because the dream state is an energy state, arising solely out of our inner realm, it entails the possibility of intuitive insight into issues that are impenetrable from our otherwise materially-bound reality.

Ms. Handberg teaches ancient wisdom transmitted to her by Tarab Tulku XI, a reincarnated lama whom the Dalai Lama has described as one of the foremost scholars and teachers of Tibetan Buddhist mysticism (see story page xx).

May 6, Friday, 7:00-9:00 P.M. 3 day Workshop

May 7, Saturday, 10:00 A.M.-5P.M.

May 8, Sunday, 1:30-5:00 P.M.

Location: PCC, 522 Central Ave. PG

Instructor: Lene Handberg

Cost: Weekend Cost: Before April 18, \$160; after April 18, \$175.

Friday night only: \$15.

Friday, Saturday only: \$115

If after attending Friday and Saturday, participants want to sign up for Sunday that is permitted for an additional \$45.

Ongoing Classes and Workshops at PCC

<p>A Course in Miracles</p> <p>Please contact Rev. Dr. Dia Lynn if you wish to join this class! 831-998-7400</p>	<p>Tuesday, 6:30 - 8:30 P.M. Ongoing Class</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Rev. Dr. Dia Lynn</p> <p>Cost: \$10 per week payable in advance at the start of each month.</p> <p>This class has been going since June 2010 please contact Dr. Dia before participating. 831-998-7400</p>
<p>The Abundance Class</p> <p>A free class taught By Dr. Bill after Service on the first Sunday of the month at approx 11:30.</p> <p>Dr. Bill teaches from the "Abundance Book" by John Randolph Price.</p>	<p>First Sunday of the Month 11:30 a.m approx</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Dr. Bill Little</p> <p>Cost: Free Class</p> <p>Book: "The Abundance Book" by Johnathon Randolph Price</p>
<p>Wealth Workshop</p> <p>Rev. JoAnna Daum facilitates this popular Workshop once a month on the first Thursday after Dr. Bill's Abundance Class. Using the Abundance Book Journal, Rev. JoAnna provides a forum for discussion of our successes challenges, insights and inspirations in working with the abundance book over the previous month.</p>	<p>The 1st Thursday evening after Dr. Bill's Abundance class. March 10, April 7</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Rev. JoAnna Daum</p> <p>Cost: Free Class</p>
<p>Transformation Thru Movement</p> <p>A 6 week class taught by Janel Willette</p> <ul style="list-style-type: none"> • Activate the Body* Train the Mind * Heal the Soul *Integrate and Embody Consciousness . <p>Janel is a certified Exercise Physiologist who's work is form of Energy Medicine. She integrates her spiritual wisdom, intuition and knowledge of the Physical and Energy bodies into practical, effective and fun experience. Learn essentials about your body as it works for you on the physical plane while integrating the body's role as a Holographic representation of Soul Beingness.</p>	<p>Saturday.10:00-11:30 A.M. thru March 12</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Janel Willette</p> <p>Cost: \$15 drop in fee</p>
<p>World Religions</p> <p>March 3: Taoism with guest Dr. Michael Arnold</p> <p>March 10: Islam with guest Katharina Harlow</p> <p>March 17: Judaism with guest Reb Jeff Schulman/Alisa Fineman</p> <p>March 24: Christianity</p> <p>March 31: The Relation Between Religions</p>	<p>Thurs 6:30-9:00 p.m. thru Mar 31</p> <p>Location: PCC, 522 Central Ave. PG</p> <p>Instructor: Rev. Sreya Zekas</p> <p>Cost: \$20 drop in fee</p>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 ACIM	2 MIDWEEK SERVICE Sacred Relationships #1	3 World Religions #8	4	5 Janel Willette Rabia Erduman Part 1
6 Dr. Bill Free Abundance Class Rabia Erduman Part 2	7 PS 102 #9	8 ACIM	9 MIDWEEK SERVICE Sacred Relationships #2	10 World Religions #9 Free Wealth Workshop	11	12 Janel Willette
13 Dr. Bill Day Light Savings! SSSS— Macucho Bonilla	14 PS 102 #10 Dr. Bill at ANTN	15 ACIM Dr. Bill at ANTN	16 MIDWEEK SERVICE Sacred Relationships #3 Dr. Bill at ANTN	17 World Religions #10 Dr. Bill at ANTN	18 Dr. Bill at ANTN	19
20 Dr. Bill BOS	21 PS 102 #11 Cultivating Joy #1	22 ACIM Troward #1	23 MIDWEEK SERVICE Sacred Relationships #4	24 World Religions #11	25 Soul of Savasana #1	26
27 Dr. Bill Ministers	28 PS 102 #12 Cultivating Joy #2	29 ACIM Troward #2	30 MIDWEEK SERVICE Sacred Relationships #5	31 World Religions #12		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Soul of Savasana #2	2
3 Dr. Bill Free Abundance class	4 PS103 #1 Cultivating Joy # 3	5 ACIM Troward #3	6 MIDWEEK SERVICE Design Your Destiny #1	7 Free Wealth Workshop	8 Soul of Savasana #3	9
10 Dr. Bill SSSS	11 PS103 #4 Cultivating Joy #	12 ACIM Troward #4	13 MIDWEEK SERVICE Design Your Destiny #2	14	15 Soul of Savasana #4	16
17 Dr. Bill BOS	18 PS103 #5 Cultivating Joy #	19 ACIM Troward #5	20 MIDWEEK SERVICE Design Your Destiny #3	21	22 Soul of Savasana #5	23
24 Dr. Bill Easter Sunday!	25 PS103 #4 Cultivating Joy #6	26 ACIM Troward #6	27 MIDWEEK SERVICE Design Your Destiny #4	28	29 Soul of Savasana #6	30

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Tuesday	12-7:00 p.m.
Wednesday	Closed
Thursday	12-7:00 p.m.
Friday	12-5 p.m.
Saturday	12-5 p.m.
Sunday	9:30 a.m.-1 p.m

Email: Mindshop@pacificcoastchurchpg.org

For Event Planning at PCC

please call

Tomi Nemes

831. 626.2634

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Pacific Coast Church

Sunday's at PCC

Sunday Service 10:00 A.M.
Junior Church 10:00 A.M.
Chanting & Meditation 8:45 - 9:30 A.M.
Circle Group 11:30 A.M. - 12:15 P.M.

Wednesday Evening

Midweek Service 6:00 P.M.

Other Activities

**The Venerable
Khenpo Karten Rinpoche**

Returns to PCC on March 20 at 5:30 p.m.

Suggested donation

\$10

Wednesday Evening Midweek Service

March 02:	Treatment Panel	April 6:	Treatment Panel
March 09:	Rev. JoAnna Daum	April 13:	Rev. Sreya Zekas
March 16:	Rev. JoAnna Daum	April 20:	Rev. Sreya Zekas
March 23:	Rev. JoAnna Daum	April 27:	Dr. Bill Little
March 30:	Dr. Bill Little		

March Topics

March 6: Pairs of Opposites
March 13: Dr. Gary Richman
March 20: Bringing Higher Love
March 27: Aging Seen In a New Way

April Topics

April 3: Learning To Be Unreasonable
April 10: A Lasting Peace
April 17: Who Told You To Live So Small?
April 24: Easter Sunday

Daylight Saving Time begins on March 13!

Second Sunday Spirit Sing at Six!

The second Sunday of every month 6:00 - 7:30 p.m. Love offering.

March 13, Macucho Bonilla – Drumming and Percussion – (Bring your drums etc!)

April 10, TBA

Come to lift the spirit, open your heart and find/expand your natural, God-infused voice!
